

The Art Of Using Chopsticks

Overview:

Would you eat a sandwich with a spoon? Or use a fork to eat ice cream? Certain foods require the appropriate utensil. Asian foods are no exception: they seem to taste better eaten with chopsticks. And since none of us were raised using chopsticks, it can be an awkward and intimidating experience. Fortunately, learning to eat with chopsticks is a simple matter, as this workshop will show.



Objective:

To be fully conversant with etiquette related to using chopsticks and to handle yourself with confidence, style and world class. Your hosts will be flattered and impressed.

Using Chopsticks –

- Why Chopsticks are used.
- Bad manners to avoid
- The difference between Chinese, Japanese and other South Asian countries
- A few guidelines to help you cope with chopsticks
- The correct way of holding Chopsticks
- How to eat various food stuff – soup, noodles, rice, small pieces, large pieces etc.

* The session should conclude with a Chinese lunch where the participants will be able to master the practical aspects of the training in a fun and enjoyable atmosphere.

Methodology:

- Practical and hands on

Duration:

Two-hours (Including lunch)

Ideal Batch Size:

20 Participants